


 Children's Heritage Foundation

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Gift Giving Opportunities

Have you ever considered giving someone a gift that lasts a lifetime? These gift items are the perfect opportunity to help someone who has very little. Every gift on our CHF gift list will benefit the Ugandan people in ways that provide not only immediate help, but also long-term opportunities and hope for the future. It doesn't take much! Some of the projects cost only \$2!

To ensure that your gift goes to the intended purpose, we will track your donation when it reaches our partners in the field and monitor the projects to ensure that they are implemented to the highest possible standards. We also pay special attention to our stewardship principle of making every cent count! That means that 100 percent of your donations to the projects in this catalog are used to ensure that your choice of projects is honored. We value your trust and that of hundreds of children and families who look to us for help.

Please take a moment to look through the gift items on the back page; you may discover great gift ideas for birthdays, anniversaries, and graduations. After you've chosen your gifts, I invite you to share this catalog with family, friends, and coworkers. If you need additional copies, please call us at 858.509.3016. Thank you for helping CHF give poor children and families hope and support for a better future.

See back cover for details



Heritage News

Securing a future for disadvantaged children around the world

The Journey Starts Here

By Andy Hoang

Imagine for a moment, a place in the world where a child will die every minute. A country where one in seven children will die before the age of five, and where there are 2 million orphans. All because of malaria, AIDS and poverty. This is Uganda.

Allow me to take you on a journey, and share with you precious moments spent with the children from the *Victor's School and Home* in a small town called Mukono.

Dilapidated buildings, doubling as homes and storefronts line the dusty and busy streets in a town located nearly two hours east of the Entebbe airport, just outside Kampala – the capitol of Uganda. Children, many of them without shoes and little clothing, run free on the streets looking for their next meal.

The average income for a family in Mukono is about \$1 a week. Many struggle to put food on the table. Most children will never step foot inside a classroom. Without an education, these children will never realize a future or have hope of achieving a better life than their parents.

In a nation where the literacy rate is only 38%, education is the only chance these children will have at securing a future. Without it, they will most likely become orphans or simply end up on the street – another statistic, discarded like yesterday's leftovers from your favorite restaurant.

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Photo courtesy Dr. Jim Ochi

The children in Mukono are much like the kids in San Diego or other parts of the U.S. They share the same dreams of becoming a doctor, nurse or police officer one day. The girls love to play with dolls, while the boys look forward to recess – running and playing soccer with their friends.

Our journey begins in a little office at the *Victor's School*, where we would interview children, and capture their story to share with you. We came face to face with more than 100 children, becoming familiar with their stories of loss, pain and hardship... and of course what they dream of becoming one day.

One by one, child after child, the stories appear to be similar – except it is obvious each child is coping with their pain and loss in different ways.

Gift Namugga is only 5 years old. She walked into the office wearing a tattered pink dress, clinging onto the leg of a woman she has only known for two years, but knows her as “mom.”

Gift was abandoned at birth by her parents, and was left to live with a complete stranger. When that woman could no longer afford to care for her, a woman at the *Victor's School and Home* opened her heart, and made a promise to always provide a loving home for Gift.

Gift is quiet and shy, but you will always find a smile on her face when she is playing and making dolls with her friends. Her favorite subjects are reading and writing. “I pray God will protect me, and give me the opportunity to go to school.”

School is more than a place for education and friends. It's where the children feel the safest in a country where poverty and crime are the norm.

What is the cost of a child's future in Mukono? Look inside your coin/change holder in your car. It's probably more than what most people earn in a week in Uganda. A little more than a dollar a day – that's how much it would take to provide, hope, life and a future for a child in Mukono.

Despite the loss and suffering these children have experienced in their young lives, they are incredibly strong spirited, and take nothing for granted. They are thoughtful, and caring. Most of all, they are happy to be alive.

There is an African proverb that says, “Once the African soil touches your skin, it lives in your soul forever.” The same can be said for the children here.

The journey really begins here – with you.

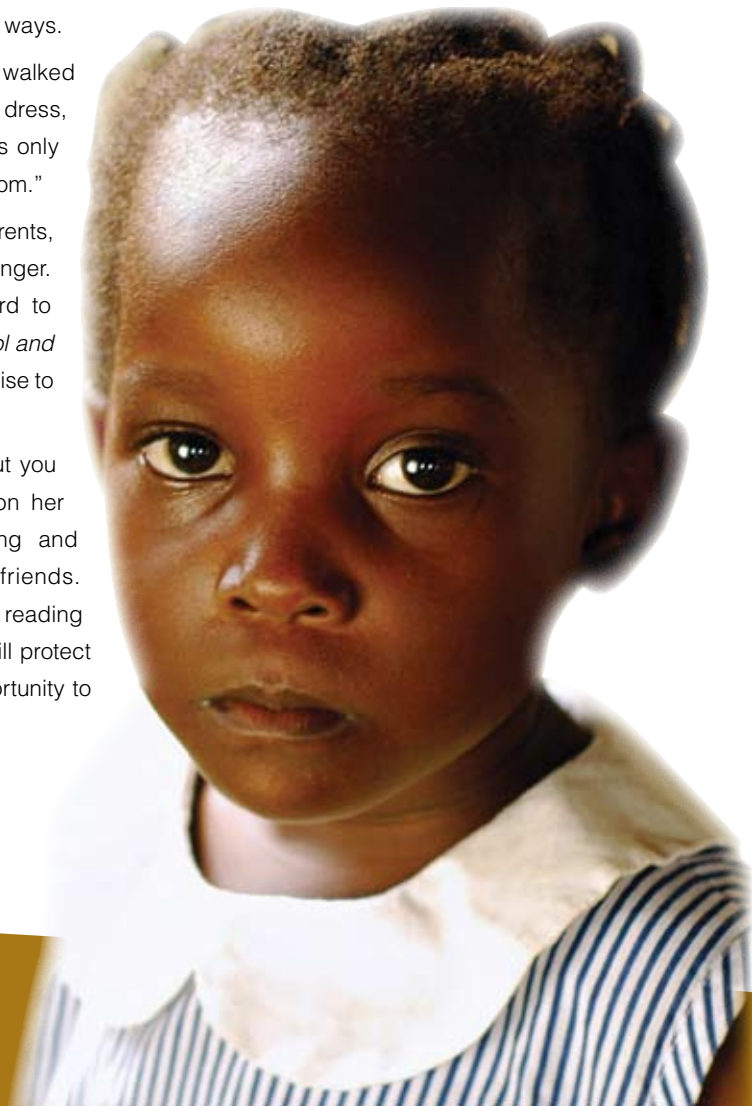


Photo courtesy Dr. Jim Ochi

“Despite the loss and suffering these children have experienced in their young lives, they are incredibly strong spirited, and take nothing for granted. They are thoughtful, and caring. Most of all, they are happy to be alive.”



All Photos courtesy Dr. Jim Ochi, Encinitas, CA



Combating Malaria in Uganda

Uganda faces an urgent challenge in the form of malaria, a deadly but preventable disease that kills an African child every 30 seconds. Malaria accounts for up to half of all hospital admissions and outpatient visits. Despite the magnitude of the problem, there are some simple and cost-effective solutions. CHF and our Uganda partner are currently working on a two prong strategy; to combat this scourge.

Intervention: Last November CHF and Help from Above Foundation secured enough anti-malarial medicine for over 5,000 patients. The medicine treats malaria before it becomes deadly and cost about \$3 per person.

Prevention: Mosquito nets are one of the easiest and most effective prevention strategies. For just \$10 we can buy and distribute Insecticide-treated bed nets that can keep a family safe for up to four years. Although \$10 for a bed net may not sound like much, the cost makes them out of reach for most Ugandan, many of whom survive on less than \$1 a day. We would like to invite you to partner with us in this endeavor. With your support and contribution we can deliver these basic and inexpensive life-saving solutions to our friends in Uganda.

Summer 07 Missions Trips

An integral part of Children's Heritage Foundation's purpose is to spread God's love and have a lasting impact with poor communities around the world. Hence, this summer we will be coordinating two short-term missions' trips to Uganda and the Dominican Republic.

Dominican Republic – June 3rd thru 10th.

Our team will participate in two summer camps for orphans and homeless children.

Uganda - July 27th thru August 5th

Our team will participate in the following projects: Construction of a kitchen for the orphanage, build an athletic field for the school, participate in farming projects and conduct a door to door distribution of anti-malaria mosquito nets.

**For more information please contact
Robert Lewison @ 619.787.8587**

email us at: robert@childrensheritagefoundation.org, or suzi@childrensheritagefoundation.org

Child #90

By Andy Hoang

"Nothing makes me sad. I'm just happy to be alive."

Herns Bukonya was the 90th child we interviewed in Mukono, Uganda. Like the other 89 children, their stories had many similarities. Each young child had experienced pain, loss and abandonment in their young lives.

Except, Herns was different than the others. Allow me to share with you the moment this 6 year old touched my heart.

He was beaming. His smile was so big it took up his entire face. You could tell there was no other place on earth he wanted to be.

As he sat down, I noticed something different about Herns. His face looked older than the other kids... his body smaller and more frail than most kids his age. I asked Herns how old he was, and he responded with 6. I asked again... same answer. The translator then leaned in my ear, and said Herns has HIV.

I leaned forward...he smiled. I stuck my hand out to say hello. He stuck out his, and happily shook my hand.

"Herns what makes you sad?" He looks up and, says, "Nothing makes me sad."

His mother and father are both dead... victims of AIDS. He now lives with his older sister.

Uganda is the world's epicenter for the AIDS epidemic, claiming 2 million lives since 1984. His older sister takes care of him, earning less than a \$1 a week, washing dishes.

Despite all of this, Herns has the heart of a lion, he has a great sense of humor and is carefree and talkative.

Our encounter ends with a question.

"Herns, what do you pray? What do you wish for?" Without hesitation, Herns answers with a smile. "I pray God will give me life and make me healthy."

Herns is currently awaiting a sponsor.



Andy interviewing Herns



Charlie Hilsadeck from Kenyon Plastering visiting Victor's School



GIFT ITEMS

Food and Economic Security

Plant Bananas (#01)

Just \$10 will plant 10 banana trees that will provide much-needed food for the orphans and an income from the sale of surplus fruit. \$10.00

Coffee for Economic Self-Sufficiency (#02)

You can offer a life-changing solution with drought-resistant coffee seedlings. Crops will be sold to provide self sustaining income for the school and orphanage. The farm will also provide employment opportunities for community residents and agriculture education for students. Ten trees cost \$3.00

Seeds (#03)

You can provide fast-growing, drought-resistant seeds for nutritious crops such as maize, cassava, carrots, green beans and peas. These crops will provide much needed nutrition for the orphans and an income from the sale of surplus food and vegetables. \$30.00

Buy a Cow (#04)

Owning cows means milk for the orphans and some left over to sell in the local market. One cow cost \$350.00, \$35/share

Fight Hunger by Providing Farming Tools (#05)

Lack of food supply has seriously affected the health of women and children. CHF will help strengthen their farming capacity and create a "safety nets". Tools include: Hand Axes, Hand Hoes, and Pangas. \$3.00

Chickens (#06)

Due to lack of food supply malnutrition is widespread, and children face hunger daily. A poultry farm with 2000 chicken will provide eggs for the children and an income from the sale of surplus eggs. It only costs \$3 to buy and feed each chicken until they start laying eggs. \$3.00

Feed One Family in Mukono for an entire Month (#7)

In Mukono Uganda, families have difficulty finding sufficient food supplies. Most families are female-headed, and mothers have little opportunity to earn an income to feed her family. \$35.00

Education and Health

Text Books (#08)

Children often go to school without the proper learning materials. For just \$2 per book you can help prepare a child for school. \$2.00

School Kitchen Fund (#9)

Can you imagine 400 children taking 3 meals per day in an open area where there is no water, electricity or tables? And can you imagine all the cooking being done in an old shack using charcoal, without water or electricity? A new kitchen will include a food storage area and dining hall for the children. Total Cost \$11,000, \$110.00/share

Clean Water fund (#10)

A deep well to provide about 10,000 liters of safe water a day for as many as 400 children. Total Cost \$ 2,000, \$100.00/share

Safe Water Fund (#11)

A water pump will deliver the miracle of running water. With your gift lack of running water and the long trek to draw water will be a thing of the past. A diesel engine water pump will meet the school's needs. Total Cost \$12,000, \$120.00/share

Anti-Malaria nets (#12)

Over 2 million African children die each year from malaria. Purchasing an anti-malaria net for \$10 could save a child's life. \$10.00

Infrastructure Development

Solar Power Fund (#13)

Electricity to this Ugandan community is only available about twice a week. Solar panels are needed for each school building to provide consistent power. Five solar panels are needed for each of the five buildings. (\$440/panel). \$2,200/building @ 5 buildings: Total Cost \$11,000, \$110.00/share



Mail this form today to begin your sponsorship!

Just \$35 a month will provide food and education for a child in Uganda.

Please send me a photo and information about a child that needs my help!

I would like to sponsor a boy girl either

I would like more information on Mission trips.

I would like to donate to Gift # _____, _____, \$ _____

I would like to make a one time donation! \$ _____

Name _____ Phone _____

Address City _____ State _____ Zip _____

Cell _____ E-mail address _____

Our commitment to you: Children's Heritage Foundation strives to go beyond all standards of ethics and integrity. You can rest assured that what you intend to donate to, will in fact be the recipient of your donation. We have no employees so our expenses are minimal. We thank you for considering our organization.



Please make checks payable to Children's Heritage Foundation
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